

One Gently Used Kidney, Free to a Good Home: A Screening and Discussion of "Perfect Strangers"

Thursday, October 23, 2014. 7pm.

Sponsored by the Mindfulness Studies program at Lesley University



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Overview

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Thursday, October 23, 2014

7:00 PM

At the heart of the 2,600 year old practice of mindfulness lies compassion, a subject of recent studies on effects of meditation on the brain. To explore compassion in a new way, the [Mindfulness Studies Program](#) at Lesley University invites you to join us for a screening of the award-winning documentary Perfect Strangers.

The film, by Jan Krawitz, filmmaker and professor in the MFA Program in Film and Video at Stanford, explores what motivates an individual towards such an extreme act of compassion as donating a kidney to a stranger. It tells the story of two unique and engaging characters, one who is determined to give away one of her kidneys, and one 500 miles away enduring nightly dialysis and losing hope of receiving a transplant.

A panel discussion will follow the screening with the filmmaker, clinical social worker Barbara Levine from Brigham & Women's Transplant Team, altruistic organ donor Dimitri Linde, and Director of Lesley's Mindfulness Studies Program Professor Nancy Waring.

University Hall Amphitheater (2-150)
Lesley University
1815 Massachusetts Avenue
Cambridge, MA 02138

For more information, please contact Beth Chambers at



CONTACT US

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Mindfulness at Lesley

The Study of Mindfulness, with roots in health care, is making significant contributions to the fields of communications, conflict resolution, leadership, psychology, cognitive science, education, end of life care, and more.

Lesley University offers a master's degree in Mindfulness, and a professional certificate.

[Learn more here.](#)

Dean Koverola and Faculty Nancy Waring Featured on Radio Program About

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echambe5@lesley.edu.

Cost: Free and open to the public

CEU Credits: N/A

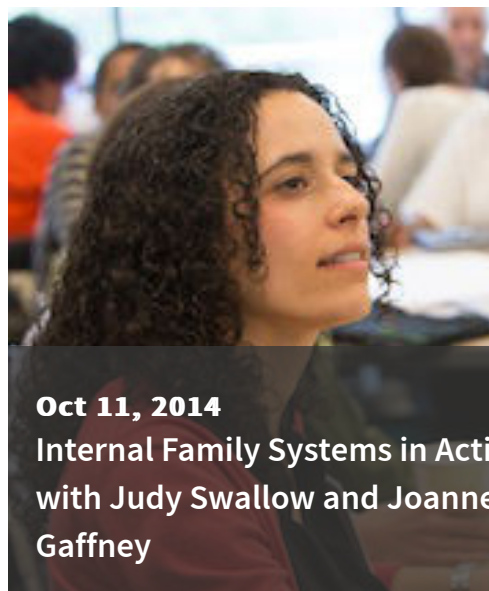
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TYPE	END	QUANTITY
"Perfect Strangers"- -Film Screening and Panel Discussion	Oct 23, 2014 Free	1 <input type="text"/>

[Register](#)

FEATURED EVENTS



Oct 11, 2014
Internal Family Systems in Action with Judy Swallow and Joanne Gaffney



Oct 14, 2014
Carl Jennings - On Color - October 14, 2014

Mindfulness



Graduate School of Arts and Social Sciences Dean Dr. Catherine Koverola and Mindfulness

Faculty Coordinator Dr. Nancy Waring were recently featured on Fireside Talk Radio to discuss the various benefits and applications of Mindfulness. [Click here to listen.](#)

Mindfulness Coach George Mumford Visits Lesley



Sports psychologist and mindfulness

teacher George Mumford treated a rapt audience to a tour of his career teaching mindfulness to NBA greats including Michael Jordan and Kobe Bryant, Olympic athletes, prison inmates, CEOs and others. [Read more.](#)